



SPA TREATMENT MENU

The Signature Treatments – Vinotherapie

	Duration	Price
Brown Sugar & Grape Seed Oil Body Scrub A deep exfoliation treatment based on brown sugar, grape seed oil, and dried grape slices.	50 min.	415
Exhilarating Treatment in the Turkish Bath Cleansing the body with grape-scented foam, combined with a grape seed oil massage, a 25 min. Turkish bath treatment and a 50 min. classic massage in a treatment room.	75 min.	630
Clay & Grape Seed Body Wrap The body is gently wrapped in smooth white clay and grape seed granules to moisturize the skin and nourish it with antioxidants. By the end of the treatment, the skin is silky-smooth to the touch.	50 min.	415
Cramim Body & Soul This refreshing and energizing treatment begins with a deep peeling of brown sugar and Cabernet grape chips followed by a massage in which Shea butter enriched with wine ingredients is applied.	75 min.	540

The Classics

Swedish Massage A classic medium-intensity European massage to relax and release muscular tension.	50 min.	415
Head & Neck Massage Targets the head and neck areas to relieve day-to-day stress.	25 min.	270
Neck, Shoulders & Back Massage Targets the neck and back areas to relieve day-to-day stress.	25 min.	270
Combination Massage Massage combining several techniques chosen by the therapist and client for optimal results.	50 min.	435
Reflexology This massage is combined with pressing the soles of the feet to balance the body and offer a general feeling of relaxation.	50 min.	415
Polarity A tension-relieving massage of the scalp, feet, and hands that offers total relaxation from head to toe.	50 min.	415
Cramim Massage This massage is used to relieve muscle tension and emotional stress, boosting the body's vitality. The duration of the massage makes it possible to focus on especially tense areas.	75 min.	540
La Stone Therapie Combining warm basalt stones, this treatment uses massage and the placing of stones to release muscular tension, enhance the metabolism, improve blood and lymph circulation, eradicate toxins and restore the body's natural balance. An unforgettable experience.	80 min.	595

	Duration	Price
<p>Hot Stone Massage for the Back and Shoulders A treatment combining warm basalt stones. The massage focuses on imparting deep relaxation to the back and shoulder areas.</p>	50 min.	460
<p>Aromatherapy Massage Enhanced with aromatic plant extracts chosen with the client, this calming massage helps to relieve stress, fatigue and muscle tension while stimulating and strengthening the immune system. A gentle, soothing, and liberating massage.</p>	50 min.	435
<h3>Deep Cramim</h3>		
<p>Deep Tissue Massage A deep and focused massage technique that relaxes the body's muscles and tension points. Suitable for those who undergo massage treatments on a regular basis.</p>	50/75 min.	455/595
<p>Millennium - 4 hands This massage combines a number of deep body massage techniques in addition to a gentle massage for deep muscle relaxation. The treatment is carried out by two therapists simultaneously to enhance the experience.</p>	50/75 min.	540/650
<p>Bakok Targeting the back and neck areas, this treatment aims for a deep release of muscular tension and an overall positive feeling.</p>	50 min.	455
<p>Sports Massage Specially designed for athletes prior to or following a sports event. Before the event, the massage prepares the muscles through toning and heating. After the event, it boosts recovery by stretching and draining the muscles of toxins.</p>	50 min.	455
<h3>Experiences from the Far East</h3>		
<p>Ayurveda- 2/4 hands A traditional Indian treatment that includes a warm sesame oil libation over the entire body and, at the end of the treatment, on the "third eye" in the center of the forehead, accompanied by a scalp massage. (During the treatment, the recipient is unclothed, with appropriate covering.)</p>	75 min.	550/695
<p>Shirodhara Oil libation in the center of the forehead (the "third eye"), accompanied by a face-and-scalp massage.</p>	25 min.	270
<p>Abhyanga - 2/4 hands Oil libation with warm sesame oil over the entire body in long strokes, accompanied by a relaxing scalp and face massage to release tension.</p>	45 min.	450/550
<p>Indian Combination We begin the treatment with peeling in order to cleanse the physical body and continue it with Abhyanga, a soft massage with warm sesame oil; the perfect way to bring peace to both body and soul.</p>	75 min.	540
<p>Shiatsu A Japanese treatment philosophy based on Chinese acupuncture, combining stretching and applying pressure along the energy channels. The treatment enhances the body's natural strengths, offering an experience of returning to nature. (Please wear light, flexible clothing.)</p>	50/75 min.	435/540
<p>Thai Massage An ancient healing art combining pressure and stretching that improves the body's flexibility and focuses on relaxation, removing blockages, and balancing the body's energy. (Please wear light, flexible clothing.)</p>	50/75 min.	435/540

	Duration	Price
Natural Energy Reiki A relaxing and energy balancing treatment including the placing of hands and balancing the body's energy centers (chakras).	50 min.	415
The Turkish Bath Turkish Massage Visit us for a traditional Turkish experience of body massage, scrubbing and cleansing at an authentic Hamam; your skin will become clean and soft and your muscles, relaxed. This intense and invigorating treatment improves the blood flow and assists in easing and releasing the muscles.	25 min.	350
Body Purification – Exfoliating Treatments An experiential treatment for skin cleansing and renewal, carried out with oils and salts, to smooth the skin, stimulate the circulation, and offer a lasting feeling of freshness. This treatment is highly recommended either by itself or before any massage for an especially empowering experience. Choose from: Cramim Exfoliation (Exfoliating Cream), Vanilla & Mint Exfoliation (Exfoliating Cream), Vanilla, Lavender & Patchouli Exfoliation (Salts), Orange & Vanilla Exfoliation (Salts), and Grapefruit Exfoliation – Anti-Cellulite (Salts).	50 min.	415
Treatments for Expectant Mothers Specially designed beauty and body treatments for the entire duration of the pregnancy.		
Manicure Includes full nail care.	45 min.	220
Reiki A non-contact treatment to balance the energy centers.	50 min.	415
Facial Treatments	50 min.	415
From the 14th week		
Massage for Expectant Mothers A massage experience that reduces the sensations of heaviness, fatigue, and stress, relieving tense and aching muscles.	50 min.	415
Shiatsu for Expectant Mothers A special, refreshing experience for expectant mothers. The experience will continue even after the treatment, which calms and strengthens the body, diminishes stress, improves flexibility, and eases movement. (Please wear light, flexible clothing.)	50 min.	435
Polarity This massage targets the scalp, hands and feet to help the entire body feel perfectly relaxed.	50 min.	415
Head & Neck Massage Targets the head and neck areas to relieve day-to-day stress.	25 min.	270
Couples' Experiences – Including massages and a dip in the Jacuzzi		
Classic Experience This experience for two combines a 50-minute Swedish massage for each partner and a dip in the pampering Jacuzzi with a cool, refreshing drink and seasonal fruit.	70 min.	940
Romantic Couple's Experience A unique romantic experience including a 50-minute Swedish massage for each partner, a dip in the pampering Jacuzzi, champagne, and seasonal fruit.	70 min.	970
Couple's Pampering with Wine A sweet romantic experience in the pampering couple's treatment room including a 25-minute grape seed exfoliation treatment for each partner and a shea butter massage enriched with wine components, concluding with a dip in the Jacuzzi, wine, and a luxury fruit selection.	100 min.	1270

Facial Treatments Christina – It Just Works

| Duration | Price

Christina-brand treatment products are developed by an international cosmetics company with its roots in Israel, which has been operating domestically and worldwide for more than 30 years. Simply the last word in the cosmetics field, all Christina products are based on cutting-edge scientific research and are manufactured utilizing advanced technology in order to provide uniquely satisfying solutions for a wide range of skin types and conditions. Christina offers protective treatments for both men and women, ensuring optimal results immediately, as well as over the long-term. Christina's scientific team combines traditional botanical ingredients with unique elements exclusively formulated in the company's labs. These precise formulas have been clinically proven as safe for use. Today, Christina products can be found all over the world, generating huge demand and an impressive reputation thanks to their sterling quality.

Unstress – Relaxing & Pampering Treatment A special relaxing treatment that includes natural ingredients such as green tea, red tea, and white tea to reduce the redness of irritated skin suffering from stress damage. The treatment combines omega 3 and 6 to balance and assist the skin's renewal process, as incorporating these probiotic ingredients contributes to improved skin circulation, balance, and flexibility.

50 min. 415

Wish – Anti-Aging Treatment for Mature Skin A unique treatment that adds immediately vitality and glow to mature skin. Using Wish products in the treatment directly influences all layers of the skin using advanced powerful peptides*, ginseng, pomegranate extract, and more to improve skin circulation and firmness, enriching the skin with antioxidants to create an even, healthy tone.

50 min. 415

Silk – Anti-Aging Beauty Treatment (Does not include deep cleansing.) A unique anti-aging beauty treatment based on pure biological silk fibers to significantly reduce wrinkles, fine lines, and skin laxity. The treatment includes enzymes to aid the skin cell renewal process, and is rich in vitamins E, A, and C, as well as exotic fruit, to give your skin a smooth, silky feel.

50 min. 415

Forever Young – Anti-Aging Skin Firming Treatment Rich in proteins and vitamins, this anti-aging facial treatment also includes moisturizing agents, fruit acids, seaweed, and peptides*. During the treatment, two types of alpha hydroxy acid peels are performed, with two vitamin-rich masks and a seaweed mask, an eye treatment that includes a massage with mini crystals, and a pampering seaweed eye mask.

75 min. 540

Bio Phyto The Bio Phyto Series is the place where science and nature meet and perfectly work together by providing personally customized solutions to a wide array of skin conditions. Bio Phyto uses the unique qualities of medicinal plants together with green chemistry and advanced technologies in order to reestablish the natural skin's healthy look full of vividness and glow.

50 min. 415

Chateau de Beauté A unique facial treatment that nourishes, protects and rejuvenates the skin, rich with antioxidants extracted from grapes and wine as well as advanced peptides*. The treatment includes nourishing the skin with a serum that will smoothen, refresh and consolidate the skin as well as a gentle massage suited to the individual skin type. You can see the results clearly; the skin will become smoother, more flexible and glowing.

50 min. 415

Especially for Men A unique treatment to slow the effects of the aging process on masculine skin while also thoroughly strengthening and purifying the skin. The treatment includes a wine vinegar exfoliation, as well as a massage using a gel containing vitamins and peptides* that has a fresh mint scent and helps to improve the skin's appearance.

50 min. 415

* Peptide – A smaller-scale protein that penetrates to the depths of the skin.

Dermalogica

| Duration | Price

Dermalogica is the skincare brand most in demand by cosmeticians around the world. Its vegan products are gluten-free and based on skin-friendly ingredients. They have not been tested on animals and do not contain any animal-derived ingredients. All treatments are suitable for both men and women.

*The algae masks included in the facial treatments section of the menu do not contain iodine and are suitable for all skin types and conditions.

*The oatmeal used in various treatments contained in this menu is gluten-free.

Classic Experiential Treatment

50 min. 415

A relaxing and pampering facial treatment for all skin types. This immersive treatment experience includes exfoliation, a relaxing facial massage combined with aromatic extracts and the introduction of hyaluronic acid, and the use of a unique therapeutic mask adapted to your specific skin type and condition. **The treatment leaves skin radiant and glowing throughout the day.**

Classic Purifying Treatment with Deep Cleansing

50 min. 435

A classic deep cleansing treatment designed to purify the pores. Ideal for all those with oily and combination skin. The treatment includes exfoliation, a facial massage combined with aromatic extracts and the introduction of hyaluronic acid, and an active purifying charcoal mask. Fruit acids are also used to smooth and renew the complexion. The treatment concludes with a refreshing cold algae mask to shrink the pores and relax the skin. **The treatment leaves skin cleansed and calm, perfectly moisturized and with a matte appearance.**

Age Smart Treatment

50 min. 450

A regenerating treatment to improve skin tone and texture. This treatment includes an acid peel and the use of an innovative, extremely stable vitamin C serum, as well as the introduction of hyaluronic acid and a professional facial massage combined with aromatic extracts. It concludes with a firming or relaxing mask, according to your skin type and condition. **Skin is left with a radiant, healthy appearance.**

*Not suitable for pregnant women. Does not include deep cleansing.

*It is recommended to moisturize for two days following the treatment.

CASMARA

Casmara is an innovative Spanish dermo-cosmetic brand. Its multisensory facial treatments are suitable for all skin types and include the iconic peeling masks designed to introduce active ingredients directly to the skin, improving tone and elasticity.

Eye & Neck Treatment

50 min. 480

A cosmetic treatment combined with a relaxing holistic experience. This treatment uses special massage glasses to perform three types of massage, combined with soothing music to relax the muscles around the eyes, as well as a therapeutic mask to tighten up the neck. It helps to reduce aging signs around the eye contour that appear due to daily stress and natural fatigue of the skin. **The treatment firms skin, smooths away wrinkles, brightens dark circles, and reduces undereye puffiness.**

Anti-Wrinkle Treatment

50 min. 480

An anti-aging treatment for firming the skin and reducing wrinkles, suitable for all skin types and conditions. This treatment uses peeling acids and peptides to smooth wrinkles, hyaluronic acid to improve the skin's firmness and elasticity, and a rich vitamin complex. It concludes with an active algae mask that helps to renew, nourish, and revitalize the skin. **The treatment reduces the appearance of wrinkles, giving skin a bright, radiant look.**

Combined Treatments: Dermalogica + Casmara	Duration	Price
Organic Treatment with a Red Goji Berry & Quinoa Mask A powerful antioxidant treatment suitable for all skin types. The treatment combines goji berry extract from the Himalayas with other natural ingredients grown through ecological agriculture. It includes a special oxygen peel, followed by a massage, the introduction of hyaluronic acid, and a vitamin C serum. The treatment concludes with a firming and soothing exfoliation mask. It reduces free radical damage and protects the skin from harmful environmental effects. The treatment gives skin a brighter, healthier look.	50 min.	450
Vegan Anti-Stress Treatment A luxurious treatment to deliver intensive moisture and soothe dry and sensitive skin. The treatment includes an innovative oatmeal and vegan coconut milk peel, which is used in combination with a special oxygen mask to boost the skin's cellular energy. A relaxing facial massage is performed, including the introduction of hyaluronic acid, and it concludes with a relaxing, exfoliating oatmeal mask. Restores elasticity and vitality to the skin. *This treatment is suitable and highly recommended for pregnant women.	50 min.	450
The Final Touch Pedicure A foot bath that includes exfoliation and massage of the feet, nail cleansing and care, and applying nail polish.	45 min.	270
Manicure A hand massage including exfoliation, full nail care, and applying nail polish.	45 min.	220
Pedicure & Pampering Complete pampering for your feet, including an exfoliation treatment, nail cleansing and care, a hot paraffin foot bath, and applying nail polish to complete your new look.	75 min.	375

Notes:

- For further details or requests, please contact the spa reception at (972) 02 – 5489800 ext. 02.
- The spa is open between 9am–8pm.
- You must sign a health declaration before every treatment and use of the spa facilities.
- Entry to the spa is for guests aged 16 and over.
- Please arrive in the spa 10 minutes before the start of the treatment.
- The staff may stop the treatment in case of a guest behaving inappropriately.
- Any changes or cancellations need to be notified at least 6 hours in advance.
- A cancellation fee of 50% will be charged on all treatments cancelled without advance notice.
- Please do not arrive with jewelry or valuables; the spa is not responsible for any loss or damage.
- For Thai and Shiatsu treatments, please arrive with comfortable clothes (long pants and a t-shirt).
- No double discounts on treatment packages (up to 10% off for Sun Club members).
- The prices include VAT.